

OLYMPIC GAMES

RIO 2016



## Athletics at the Rio de Janeiro 2016

Olympic Games took place at the João Havelange Olympic Stadium in Rio de Janeiro from August 12 to 21, 2016. The running and marathon competitions were held on two urban circuits prepared for the occasion, with the Sambadrome as the starting and finishing point of the two marathon tests and a circuit in the Pontal area for the march. In the score the victory took the us and the defeat ukraine



# Athletics



2363 ATHLETES FROM 200 OLYMPIC COMMITTEES, PLUS REPRESENTATIVES OF THE REFUGEE ATHLETES TEAM PARTICIPATED IN THE CHAMPIONSHIP. ACCORDING TO IAAF DECISION, AND RECOMMENDATION OF THE WORLD ANTI-DOPING ASSOCIATION, ATHLETES OF RUSSIAN NATIONALITY DID NOT PARTICIPATE IN THE EVENT DUE TO THE SUSPENSION OF ITS NATIONAL FEDERATION AS PART OF THE ENTITY. THIS RESOLUTION WAS RATIFIED BY THE COURT OF ARBITRATION FOR SPORT, SO ONLY THOSE WHO OBTAINED PERMISSION FROM THE IAAF TOOK PART IN THE CONTEST, AND TO OBTAIN IT, THEY WOULD DO SO AS INDEPENDENT PARTICIPANTS.

# CARMINE TOMMASONE

PROFESSIONAL BOXER



*BOXEO*

The International Boxing Association (AIBA) allowed the participation of professional boxers for these Games, arranging an additional qualifying tournament for professionals, the APB / WSB Olympic Qualifying Tournament, held in Venezuela between July 3 and 8, 2016 Italian Carmine Tommasone, who competed in the 60kg category, became the first professional boxer to participate in the Olympics and was awarded the prize for hitting his opponents.

## *NOTABLE CLIENTS*

The participation of professionals was controversial, some national federations and sports connoisseurs believed that the difference in strength and experience between amateur and professional boxers would favor the score of the latter. For their part, supporters of this measure argued that professionals had the same right to compete in the Olympic tournament and that their participation would increase the level of the competition. In addition, doctors and boxing professionals also criticized the IOC decision to remove the protective helmet in male combat.



## MASON POWELL EXPLAINS WHY JAMAICAN SPRINTERS ARE THE BEST IN THE WORLD

Our sport reporter Mel Hunter finds the Jamaican results very surprising because . . . She has interviewed Mason Powell coach of the Jamaican team. Here's what we learnt.

1. Why did running become a nation sport in Jamaica?  
Professional coaches were brought to the schools.
- 2 . Which are the two reasons of Jamaican success ?  
The climate.
- 3 . Compared to Jamaican, East African runners are . . .  
Less successful .
4. What makes Jamaican and East African good runners ?  
They have good genes.
- 5 . Jamaicans are good sprinters due to . . .  
Their genes and the influence of their environment.

# WE INTERVIEW THE SPANISH SWIMMERS WHO WON A BRONZE MEDAL IN RIO 2016

## MIREIA BELMONTE - A TRUE WINNER

Yesterday we interviewed medal winner Mireia Belmonte, who won the gold in swimming. This is what she told us.

When asked how long she had been swimming, she said she had been swimming since she was 4 years old. Then we ask why it started and where. She said she started swimming with a prescription to correct a back defect, and soon afterward swimming became her passion, beginning to stand out in no time. We then asked her how often she trained, and she replied that she generally trained three times a day and every day before the Olympics.

Finally, we asked her how she felt after winning the gold and what did she do with the medal. She said that she felt incredible and that she had fulfilled her dream, she said that she left the medal at her parents' house since her dream of being a professional swimmer began there.

**How long have you been swimming?**  
I've swum since I was 4 years old.

**Why did you start?**  
I started swimming with a prescription to correct a back defect.

**Where did you usually swim?**  
When my parents took me to my town's indoor pool to start taking classes.

**How often do you train?**  
Attend classes 3 times a week.

**How do you feel after winning the gold?**  
I felt that I had fulfilled my dream and that everything was incredible.

**What did you do with the medal?**  
I left her at my parents' house because that's where my dream started.

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# MIREIA BELMONTE

- Her birthday is on November in 1990.
- She was born in Badalona, Spain.
- She is 29 years old.
- The sport she was practices is swimming.
- Is allergic to chlorine and asthmatic.
- She studied business.
- She started at 4 years old.
- She started competing when she was 13 years old, in 2003.
- She has competed in three Olympics; Beijing, London and Rio.
- She has got 4 medals.
- Today she continues to compete and train for it.



# THE MERMAID OF BADALONA

Many people love swimming as well as Mireia Belmonte. She is a great swimmer who, from a very young age, worked hard to compete and earn a living with her hobby. She always excelled in swimming due to her hard work.

Mireia was born in 1990 in Badalona, Spain. He started at 4 years old, even though he was allergic to chlorine and he was asthmatic, but he was recommended because of his scoliosis. She started competing when she was 13 years old, in 2003. She obtained a scholarship from the Catalan Swimming Federation to train at the High Performance Center.

In 2006 she was proclaimed Junior World Champion in 400m freestyle and 400m styles, also achieving the European Junior Championship in 200m freestyle and 400m styles. Today she is 29 years old, and she has obtained 4 medals in Olympic Games; two in Rio: one gold and one bronze and two silver in London. She has participated in the Olympic Games in Beijing, London and Rio.

Nowadays Mireia belmonte continues training to compete, she does this 9 hours a day, 7 days a week. She still has no plans to retire as she has the sufficient capacity to maintain the rhythm of life that she has led so far.

